

Swim Timetable

February Half Term 18th-24th February - Mildenhall Swimming Pool

Monday

06.00-09.00	Swim 4 All
09.00-10.00	Water Aerobics
10.00-12.30	Swim 4 All (Deep End only)
10.00-11.00	Swim Academy Crash Courses (Shallow End Only)
11.30-12.30	Swimming Academy (Shallow End Only)
12.00-14.00	Aqua Gym
12.30-16.00	Swim 4 All
14.00-15.00	GP referral Aqua Gym
15.30-18.00	Swimming Academy
18.00-19.30	External Bookings
19.30-21.00	Adults Only

Tuesday

06.00-16.00	Swim 4 All (10.00-11.00 Deep End Only)
10.00-11.00	Swim Academy Crash Courses (Shallow End Only)
11.45-12.45	Aqua Gym
15.30-18.00	Swimming Academy
18.00-19.30	External Bookings
19.30-21.00	Swim 4 All

Wednesday

06.00-08.45	Swim 4 All
08.45-09.45	Water Aerobic
10.00-11.00	Swim Academy Crash Courses (Shallow End Only)
11.15-12.45	Swimming Academy
12.45-16.00	Swim 4 All
14.00-15.00	GP Referral Aqua Gym
15.30-18.00	Swimming Academy
18.00-19.30	External Bookings
19.30-21.00	Adults Only

Thursday

06.00-13.30	Swim 4 All (10.00-11.00 Deep End Only)
10.00-11.00	Swim Academy Crash Courses (Shallow End Only)
12.30-13.30	Aqua Gym
13.30-14.30	○ I Can Swim
14.30-16.00	Swim 4 All (Deep End Only)
15.30-19.00	Swimming Academy
19.00-20.00	Water Aerobics
20.00-21.00	Swim 4 All

Friday

06.00-09.00	Swim 4 All
09.00-10.00	Water Aerobics
10.00-11.00	Swim Academy Crash Courses (Shallow End Only)
10.00-16.00	Swim 4 All (10.00-11.00 Deep End only)
15.30-17.30	Swimming Academy
17.30-21.45	External Bookings

Saturday

07.00-08.30	Swim 4 All
08.30-14.00	Swimming Academy
14.30-16.00	Floats & Fun
16.30-17.30	External Bookings

Sunday

08.00-16.30	Swim 4 All
14.15-15.15	Floats & Fun
16.30-18.00	External Bookings

KEY

*	SHARED POOL
○	DISABILITY SESSION

CHILD ADMISSION POLICY

Children under the age of 8 years must be directly supervised in the water by a responsible person aged at least 16 years. Where the parent of the child is under the age of 16 years, the parent may supervise their child in line with the ratios set out below

MAIN POOL

1 Adult to every child aged under 4 years
1 Adult to 2 children aged 4-7 years
This person must directly supervise under 8's (i.e. be within reach) at all times.

IN THE BOOMED OFF SHALLOW END

1 Adult to 2 children aged under 4 years
1 Adult to 2 children aged 4-7 years
This person must directly supervise under 8's (i.e. be within reach) at all times

Remember you can view our timetables at www.acleisure.com

www.acleisure.com

Forest Heath & St Edmundsbury councils
West Suffolk
working together

 **Abbeycroft Leisure**
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