

Holiday Swim Timetable

Bury St Edmunds Leisure Centre

Monday

06.30 - 08.30	Lane Swim	Main Pool
10.00 - 12.00	Wet n Wild	Main Pool
10.00 - 12.00	Wet n Wild	Leisure Pool
10.00 - 12.00	Closed - Swim Lesson	Teaching Pool
12.00 - 18.00	Fun Time	Leisure Pool
12.15 - 14.00	Adults Only / 50+	Main Pool
12.15 - 16.00	Fun Time	Teaching Pool
14.00 - 16.00	Casual	Main Pool
16.00 - 18.00	Closed / Swim Lessons	Main Pool
18.00 - 20.00	Lane swim / WSSC*	Main Pool
20.00 - 21.00	Ladies Only	Main Pool
21.00 - 22.00	Lane Swim	Main Pool

Tuesday

06.30 - 08.30	Lane Swim	Main Pool
10.00 - 12.00	Wet n Wild	Main Pool
10.00 - 12.00	Closed - Swim Lessons	Teaching Pool
10.00 - 12.00	Wet n Wild	Leisure Pool
12.00 - 16.00	Fun Time	Leisure Pool
12.15 - 13.30	Adults Only	Main Pool
12.15 - 16.00	Fun Time	Teaching Pool
13.30 - 16.00	Casual	Main Pool
16.00 - 18.00	Closed / Swim Lessons	Main Pool
18.00 - 20.30	Lane Swim / Lessons	Main Pool
20.30 - 21.30	Lane Swim / Wheelers	Main Pool
21.30 - 22.00	Lane Swim	Main Pool

Wednesday

06.30 - 07.30	Lane Swim / WSSC*	Main Pool
07.30 - 08.30	Lane Swim	Main Pool
10.00 - 12.00	Wet n Wild	Main Pool
10.00 - 12.00	Wet n Wild	Leisure Pool
10.00 - 12.45	Fun Time	Teaching Pool
12.00 - 18.00	Fun Time	Leisure Pool
12.15 - 13.30	Adults Only	Main Pool
13.00 - 15.00	Closed - Swim Lessons	Teaching Pool
13.30 - 16.00	Casual	Main Pool
15.15 - 16.00	Casual	Teaching Pool
16.00 - 18.00	Closed / Swim Lessons	Main Pool
18.00 - 21.00	Lane Swim / WSSC*	Main Pool
21.00 - 22.00	Lane Swim	Main Pool

CHILD ADMISSION POLICY

To help you and your children whilst using our pools the following ratio's apply. All children under 8 years old must be accompanied by a responsible person aged 16 or over in the swimming pools.

MAIN POOL

1 adult to every child aged under 4 years

1 adult to 2 children aged 4 - 7 years

TEACHING & LEISURE POOL

1 adult to 2 children aged under 8 years

Flumes Opening Times

Monday - Friday 10.30 - 16.00

Saturday & Sunday 11.00 - 13.00 & 14.00 - 16.00

Thursday

06.30 - 08.30	Lane Swim	Main Pool
10.00 - 12.00	Wet N Wild	Main Pool
10.00 - 12.00	Wet n Wild	Leisure Pool
10.00 - 12.45	Fun Time	Teaching Pool
12.00 - 16.00	Fun Time	Leisure Pool
12.15 - 13.30	Adults Only	Main Pool
13.00 - 15.00	Closed - Swim Lessons	Teaching Pool
13.30 - 16.00	Casual	Main Pool
15.15 - 16.00	Casual	Teaching Pool
16.00 - 18.00	Closed / Lessons	Main Pool
18.00 - 20.00	Lane Swim / WSSC*	Main Pool
20.00 - 22.00	Lane Swim	Main Pool

Friday

06.30 - 08.30	Lane Swim	Main Pool
10.00 - 12.00	♦ iCan Swim	Main Pool
10.00 - 12.00	Wet n Wild	Leisure Pool
10.00 - 12.00	♦ iCan Swim	Teaching Pool
12.00 - 16.00	Fun Time	Teaching Pool
12.00 - 18.00	Fun Time	Leisure Pool
12.15 - 13.30	Adults Only	Main Pool
13.30 - 17.00	Casual	Main Pool
17.00 - 20.00	Closed - WSSC	Main Pool
20.00 - 22.00	Lane Swim	Main Pool

Saturday

10.00 - 13.00	Wet n Wild	Leisure Pool
11.00 - 13.00	Wet n Wild	Main Pool
11.00 - 13.00	Wet n Wild	Teaching Pool
13.00 - 16.00	Fun Time	Teaching Pool
13.00 - 16.00	Fun Time	Leisure Pool
13.00 - 17.00	Casual / Lane Swim	Main Pool

Sunday

10.00 - 13.00	Wet n Wild	Main Pool
10.00 - 13.00	Wet n Wild	Teaching Pool
10.00 - 13.00	Wet n Wild	Leisure Pool
13.00 - 16.00	Fun Time	Teaching Pool
13.00 - 16.00	Fun Time	Leisure Pool
13.00 - 17.00	Casual / Lane Swim	Main Pool

KEY

*	SHARED POOL
♦	iCan - For people with disabilities

Free swimming for 60+ / 16 & under once registered

Mon, Wed and Fri 16.30 - 18.00

Free swimming 60+ ONLY

Monday 12.15 - 14.00

www.acleisure.com

Forest Heath & St Edmundsbury councils

West Suffolk
working together

Abbeycroft Leisure
INSPIRING A HEALTHIER YOU